



Parenting Program

Shasta County Triple P[®] Service Providers



www.triplepshasta.com

(855) 275-8109

Sponsored by: Shasta County Health and Human Services Agency and First 5 Shasta. Funding for this program is provided through the Mental Health Services Act and First 5 Shasta.



Triple P[®] (Positive Parenting Program)

Triple P[®] is a multi-level parenting program to support caregivers and/or their families. Based on more than 30 years of research, Triple P[®] is now used in 26 countries in North America, Europe, Australia, and Asia.



The goals of Triple P[®]

- ◆ Promote the independence and health of families through enhancement of parents' knowledge, skills, and confidence.
- ◆ Promote the development, growth, and social competence of young children.
- ◆ Reduce childhood behavioral and emotional problems.
- ◆ Reduce adolescent delinquency, substance abuse, and academic failure.
- ◆ Enhance the competence, resourcefulness, and self-sufficiency of parents in raising their children.
- ◆ Reduce the incidence of child maltreatment.

Who is Triple P[®] for?

- ◆ Parents facing common everyday challenges raising children.
- ◆ Parents of children at risk of developing or already showing behavioral or emotional problems.
- ◆ Parents of children with developmental disabilities.
- ◆ Parents feeling stressed by the challenges of parenting.

Programs available include:

- ◆ Families of children birth-12 years old (Primary or Standard Triple P),
- ◆ Families with teens (Teen Triple P), and
- ◆ Families with children who have special needs (Stepping Stones Triple P).

Services are offered to individual parents or groups of families in a wide variety of settings such as health care organizations, schools, family resource centers, counseling centers, and other government or community based agencies.



Organizations (Cost varies depending on the organization)	City	Phone	Level 3	Level 4	Level 4 Group	Level 4	Level 5
Family Dynamics	Redding	(530) 242-9007	Primary & Teen	Standard & Teen	Standard & Teen		Level 5
Great Partnership (3-5 yrs old)	Redding	(530) 225-0411	Primary	Standard	Standard	Stepping Stones	
Hill Country Health & Wellness	Round Mtn.	(530) 337-6263		Standard	Teen		
Northern Valley Catholic Social Services	Redding	(530) 247-3342	Primary	Standard & Teen	Standard	Stepping Stones	Level 5
Remi Vista	Redding	(530) 224-7160	Primary & Teen	Standard & Teen	Standard & Teen	Stepping Stones	Level 5 & FT
Right Road Recovery Program	Anderson	(530) 365-8523	Primary		Standard		
SCOE: Early Childhood Services (Bridges) (0-5 yrs old)	Redding	(530) 225-0350	Primary	Standard		Stepping Stones	
Shasta County Child Abuse Prevention Coordinating Council	Redding	(530) 241-5816	Primary			Stepping Stones	
Shasta County HHSA Children's Services	Redding	(530) 225-5200	Primary & Teen	Standard & Teen	Standard	Stepping Stones	Level 5
Shasta Head Start	Redding	(530) 241-1036	Primary	Standard	Standard	Stepping Stones	Level 5
TCCN/Bright Futures (Spanish) (0-5 yrs old)	Burney	(530) 335-4600	Primary				
Victor Community Support Services	Redding	(530) 223-2822	Primary & Teen	Standard & Teen	Standard & Teen	Stepping Stones	Level 5
Wright Education Services	Redding	(530) 223-5122		Standard & Teen	Standard & Teen		Level 5
Youth and Family Programs	Redding	(530) 242-1855			Standard		
Youth Violence Prevention Council of Shasta County	Redding	(530) 244-7194			Teen		

Level 3 Triple P

- Learn to manage mild-to-moderate specific behavioral or developmental problems.
- Primary: 0-12 Year Olds
- Teen: 13+ Year Olds
- One-on-One Consultations
- Four 30 Minute Sessions *

Level 4 Triple P

- Learn to manage moderate to severe behavioral or developmental problems.
- Standard: 0-12 Year Olds
- Teen: 13+ Year Olds
- One-on-One Consultation
- Ten 1 hr. Weekly Sessions*

Level 4 Group Sessions

- Up to 12 Parents
- Eight 1-1.5 hr. Weekly Sessions*

Level 4 Stepping Stones Triple P

- Learn to manage moderate to severe physical, mental, emotional and/or behavioral problems or continuous ongoing challenges.
- 0-12 Year Olds
- One-on-One Consultations
- Ten 1½ hr. Weekly Sessions*

Level 5 Triple P

- For parents or caregivers who experience continued difficulties after completing Standard or Group Triple P or might have complicating issues.
- One-on-One Consultations
- Two to Ten x 1-1.5 hr. Sessions*

(FT)— Family Transitions Triple P is for parents going through separation or divorce who have concerns about their child's behavior. (5 x 2hr. Sessions*)

Levels 1 & 2: are community education based programs, including seminars and informational brochures, that publicize Triple P principles and proven effectiveness.
 * Session times may vary depending on caregivers needs.